

A huge congratulations to Kim, James, and Corban on the arrival of Hudson. (And to Auntie Lisa too😊)

We welcome Jackson, Theodore and their families to the Flippers whānau, we are all looking forward to getting to know you more.



May 2014

Early Learning at Flippers

C/O Moana Pool, Littlebourne Road, Dunedin
Phone. 471 97 82 Fax. 477 35 41

Highlights:

- We have been able to get out and about on a few trips; including the teina children going to the forest, a trip to the library, and a shopping trip to get some new resources.
- We have been lucky enough to have had 2 fabulous students over the past few weeks, having the students not only benefits them but our tamariki also benefit from having new faces and new ideas.
- Check out the Flippers whānau library which consists of some of the children's favourite books. The idea behind this is that you are able to take the books home with you to share with the whole whānau then bring it back when you have read it.
- Some of the teachers attended an Active movement course and are partaking in a new initiative with Sports Otago.

There are often more bugs going around at this time of year. Keeping your sick child at home helps to prevent the spread of these nasty bugs to other children and teachers. Please remember to phone in if your child is going to be away. Thanks 😊



Winter weather:

Due to snow or bad weather Centre may need to start late or even close. If you are at all unsure then please check the following for further information - see our Facebook page, listen to 89.4FM or check our website at www.flippers.childcaredunedin.co.nz.



Some of what we're learning:

Tuakana:

The tuakana tamariki have been learning the different emergency services, so far we have had a visit from Ambie the ambulance and in the next couple of weeks we are lucky enough to have the fire service and the police visiting. We are also practicing for the 2014 Polyfest; we are learning some new songs!!! We are combining with London Street so we are having a practice every week with them. Lots of our Tuakana tamariki are really enjoying practicing writing their names and even other words, some are even writing their own stories.

Teina:

The teina tamariki have been working on their communication skills through a range of songs, baking, and small group experiences. We are been doing a range of messy play as well so please make sure your child is being sent in centre clothes that you don't mind getting dirty.

House keeping:

- ✓ If you change your address or phone details please let us know so we can update our system.
- ✓ Please check pockets on the back door regularly for important notices and accounts
- ✓ Remember to sign in with the correct times

Please remember our friendly staff are always here to talk to if you have any concerns or advice😊

Lizzy, Lisa, Janelle, Chelsey, Desna and Jess.

Ra Ngahere is as busy as usual; we are now having to think about wearing a couple more layers as the weather is definitely getting colder. With Janelle being out of action Lizzy and Desna have both had the opportunity to get dirty on Ra Ngahere. A reminder to those that are involved please remember to pack a drink bottle, pack extra food and wear appropriate footwear and clothing.

Lisa or Janelle will approach you as a space arises for your child to see if you are interested.



 

Tips for eating well

To ensure children grow at the right rate, are happy and active, learning to eat well is important. Children learn about food and form eating habits from the time they're given solids.

Fussy eating is common in young children - but they will eat when they are hungry. Offer them a range of healthy foods so they can learn to enjoy a variety of tastes and textures.



Here are some tips to try:

1. **Promote exploration** - part of making friends with food does make a mess. Keep children happy and occupied with some age appropriate finger foods to explore.
2. **Try and try again** - being wary of new foods is common and you may have to try over 10 times until a new food becomes a familiar and positive experience.
3. **Lead by example** - be a positive role model for children by eating a variety of healthy foods.

For more information, visit www.heartfoundation.org.nz